# ARTS EMPOWERMENT FACILITATOR

FACILITATION / TRAINING / CURRICULUM DESIGN / ORGANIZATIONAL PSYCHOLOGY

Strategic leader committed to helping people move through conflict in organizations, and helping systems deal with seemingly intractable diversity issues. Deep understanding of group dynamics, with a proven ability to deliver empowering interventions using facilitation style rich in humour and imagination. Known for strength-based facilitation style. Reputation for authenticity and magnetism, while working with integrity and professionalism to earn respect, inspire cooperation and exceed expectations.

Key Skills:

- Creativity & Art-Based Modalities
- Anti-Oppression & Diversity Training
- Participatory Decision-Making
- Written & Verbal Communication

- Public Speaking & Group Facilitation
- Human Systems Design
- Conflict Negotiation & Dialogue
- Creative Thinking & Problem Solving

# **PROFESSIONAL EXPERIENCE**

## **TRAINING & FACILITATION**

Facilitated 2000+ international events, workshops, and training activities, using communication and artsbased skills to overcome resistance, foster inclusiveness and creativity, and achieve powerful outcomes.

- Strengthen communication techniques, process design and delivery skills, and ability to support group transformation in leaders and facilitators of all levels of expertise.
- Facilitate group engagement, depth, and resilience using arts-based design and skillful inter-modal delivery technique
- Mediate group conflict using arts-based methodologies
- Support complex decision making in multi-stakeholder groups using arts-based techniques
- Deepen personal creative practices for facilitators and leaders by designing transformative processes which are fun and challenging to deliver, and which reveal individuals' authentic leadership styles
- Strengthen work of group leaders by identifying sources of depletion and barriers to creativity, and leading re-invigoration by providing meaningful time and space to reflect, evaluate, and speculate.

## Some MAJOR PROJECTS:

## The Time Zone Research Lab (Nov 2019-Oct 2021)

International arts-based community research group studying the nature of Time and Temporality. Experiment in community building, activity design, emergent strategy, and informal-yet-effective group structures. Multimodal, including both online and in-person components. Development lab for new methodology, upcoming.

## PYE Global (Partners for Youth Empowerment) (2009-2019)

**Director of Training** (all North American and International programs) – Jan 2017-Dec 2019)

Part time position to support and oversee international network of trainers, design curriculum, deliver online training, assess trainees, assess partnerships, consult with leadership team.

**Senior International Trainer** (North America, South Africa, Uganda, India, UK, Egypt, Spain, Jamaica – 2013 to 2020)

2002 to Present

Design / consult with groups on internal processes, facilitate multi levels of PYE training and youth camps, provide one-on-one facilitator and leader coaching, and contribute to outreach / scalability strategizing.

- Bring deep transformation to groups by using arts-based approach to reveal emotions / connections and enable creative risk-taking; uncover new behaviours and values in participants and others.
- Overcame cultural / linguistic barriers and challenges by using philosophy of flexibility and optimism, trusting in and prepping translators as true partners, and employing sense of humour.

### **Metaphor (Youth Arts Empowerment)**

### Facilitator / Process Design / Co-Founder (2005 to 2015)

Performed across British Columbia – over 400 shows; up to two or three per day, five days in a row – using hip hop performances as a base to inspire self-esteem, self-sufficiency, and empowerment in youth.

- Avoided burn-out, despite intense schedule, by committing to focused self-care routines and developing emotional intelligence practices to kick in during times of frustration and exhaustion.
- Achieved real-life, measurable impact with youth, starting with programming at Burnaby Youth Detention Centre and expanding to remote, rural, urban, and suburban schools province-wide.
- Created source of high-paying work for community artists by building solid foundation program with positive outcomes for both audiences and performers.

### Dream a Dream (dreamadream.org)

# Facilitation Trainer / Process Design / Curriculum Design / Organizational Psychology (Bangalore, India 2009-2013, 2019)

Developed high level training for 20 master trainers, developed 8-day teacher training currently reaching thousands of teachers in India and developed additional curriculum for after-school facilitators. Supported organization-wide change towards high emotional intelligence, self-awareness, inclusion and creativity.

- Heightened sense of creativity, emotional intelligence, and personal motivation for thousands of community teachers and the thousands of youth they reached, through thoughtful, creative design and implementation strategies.
- Recognized for effective, transformative teaching and curriculum following successful program transferred to other regions, and request to return the following years to refine curriculum and continue team development

### **ADDITIONAL HIGHLIGHTS:**

### Facilitation Trainer (2008-present)

- **Okanagan Nation Alliance** Facilitator, Facilitation Trainer, Process Design and Implementation (Penticton, Canada, 2019).
- *Alberta Conference of Women's Shelters* Facilitator, Facilitation Trainer, Process Design and Implementation (Edmonton, Canada 2019).
- **Peace It Together (Peace Building through Dialogue)** Facilitator, Facilitation Trainer, Process Design and Implementation (*Vancouver, 2012*).
- The Beautiful Unraveling (Grassroots Organizational Development and Diversity Training) Co-Founder, Process Design, Facilitation (Vancouver, 2010 to 2012).

### Lead Facilitator (2002-present)

- CoCo (The Centre for Community Organizations Montreal, QC) Affiliate Facilitator, Process Design and Delivery, Mediation and Organizational Strategy (2019-present)
- **YWE (Young Women Empowered Girls Writing Camp Seattle, WA)** Process Design, Lead Facilitation, Training and Design Consultation (*Seattle 2013 to 2015, 2019*).
- The Power of Hope Lead Facilitator, Trainer, Process Design and Implementation (2003 to 2017).
- Simon Fraser University WOSK Centre for Dialogue Facilitator, Process Design Consultant, Associate (Vancouver, 2007 to 2013).
- Safeteen (Violence Prevention in Schools) Facilitator (2005 to 2012).

## Curriculum and Methodology Design Consultant (2005 to Present)

- Forum for Theological Exploration (Atlanta, Georgia) In-depth methodology consultation 2016
- **Indigeneyez** (Okanagan and other BC Territories) Process design, methodology consultation, activity design, coaching, mentoring (2014 to present).
- National Art Centre of Canada Educational Programming (Ottawa / Edmonton / Iqaluit) Process design / facilitator training, lead facilitation, strategic planning, activity design (2013 to 2015).
- Eileen Fisher Leadership Institute (New York, NY) Process design and methodology consultation, lead facilitation (2013 to 2017).

# **EDUCATION & PROFESSIONAL DEVELOPMENT**

Certificate of Advanced Graduate Studies (Art Therapy, Education, Consulting), European Graduate School, Saas-Fee, Switzerland	2018
Master of Arts (Imaginative Education), Simon Fraser University, Vancouver, BC	2012
Bachelor of Arts (English Literature), University of British Columbia, Vancouver, BC	2003
Heart of Facilitation (HOF) Training, Hanif Fazal and Peggy Taylor, Seattle, WA	2004, 2010
Dialogue and Negotiation Diploma, Simon Fraser University, Vancouver, BC	2009
NUYU Popular Theatre Training Intensive, Victor Porter	2008

# **TRAINING / MENTORSHIP**

- Action Theatre
- Conflict Transformation
- Diversity & Inclusion
- Non-Violent
  Communication
- Imaginative Education
- Dialogue & Negotiation
- Popular Theatre
- Motivational Interviewing
- Violence Prevention
- Expressive Arts Therapy
- Structured Decision-Making
- Anti-Oppression
- Appreciative Inquiry
- Arts Empowerment
- Continuum Movement

## **AWARDS, APPOINTMENTS & NOMINATIONS**

Innovator, Kumu Lab	2012 to Present
Dialogue Associate, WOSK Centre, Simon Fraser Centre for Dialogue	2009 to
Georgia Straight Best Open Air Interactive Theatre Event, "Bollywood Wedding"	2009
Leo Award Nomination, British Columbia, Best Scriptwriting in Lifestyle Category	2009

# **AFFILIATIONS & ASSOCIATIONS**

Member, Reel Youth Advisory Board (Canada)	2015 to Present
<b>Member,</b> Centre for Imagination in Research, Culture and Education, Academic Council, Simon Fraser University (Canada)	2019-present
Advisor, Educators Collective (India)	2014 to 2016
Member, Simon Fraser University Dialogue and Community Engagement Advisory Board	2012 to 2014